

RHONDA K. KOTARINOS, DPT, MS
CURRICULUM VITAE

PROFESSIONAL MEMBERSHIPS:

AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS (ACOG)
Educational Affiliate, 1995 - Present

AMERICAN UROGYNECOLOGIC SOCIETY (AUGS)
Member, 1992 – Present
Membership Committee Member, 2005 - 2009

AMERICAN UROLOGICAL ASSOCIATION (AUA)
Member, 2015 - Present

INTERNATIONAL CONTINENCE SOCIETY (ICS)
Member, 2009 - Present

INTERNATIONAL UROGYNECOLOGY ASSOCIATION (IUGA)
Member, 2009 - Present

INTERNATIONAL PELVIC PAIN SOCIETY (IPPS)
Board of Directors, 1997 - 2002
Member, 1997 - Present

AMERICAN PAIN SOCIETY (APS)
Member, 1997 - 2019

INTERNATIONAL ASSOCIATION FOR THE STUDY OF PAIN (IASP)
Member, 1997 - Present

INTERNATIONAL MYOPAIN SOCIETY
Member, 2003 - Present

AMERICAN PHYSICAL THERAPY ASSOCIATION (APTA)
Member, 1972 – 1996, 2005 - 2011
Section on Women's Health
Board of Directors, 1983 - 1994
President, 1983 - 1990
Member, 1978 - 1996
Section on Orthopedics
Member, 1985 - 1992
Private Practice Section
Member, 1988 - 1994

RESEARCH GRANTS:

National Institutes of Health, 2010
National Institute of Diabetes and Digestive and Kidney Diseases
Urological Pelvic Pain Collaborative Research Network
Interstitial Cystitis Collaborative Research Network
Lead Physical Therapist
“A Single-Blinded Randomized Multi-Center Trial to Evaluate the Efficacy and Durability of Myofascial Tissue Manipulation in Women with Interstitial Cystitis/Painful Bladder Syndrome”

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National Institutes of Health, 2007
National Institute of Diabetes and Digestive and Kidney Diseases
Urological Pelvic Pain Collaborative Research Network
Interstitial Cystitis Collaborative Research Network
Lead Physical Therapist
“A Pilot Feasibility Study of Physical Therapy for the Treatment of Urologic Pelvic Pain Syndromes”

Fishbein Foundation, 2002
Principal Investigator
Co-investigator: Mary Pat FitzGerald, MD, Loyola University Medical Center, Maywood, IL
“Treatment of Pelvic Myofascial Abnormalities: Effects on Painful Bladder Symptoms and on Urinary HB-EGF Levels.”

RESEARCH PRESENTATIONS:

2009, International Continence Society, Annual Meeting
“Physical finding in patients with urologic chronic pelvic pain syndromes (UCPPS)”

2008, International Association for the Study of Pain, Pain of Urogenital Origin, Bi-Annual Meeting
“Randomized Multicenter Pilot Trial Shows Benefit of Manual Physical Therapies in Treatment of Urologic Chronic Pelvic Pain”

2002, American College of Obstetricians and Gynecologists, Annual Meeting
“Vulvovaginal Dysesthesia Syndromes: Characteristic Vaginal Pressure Profiles and Response to Manual Therapies”

2002, International Pelvic Pain Society, Annual Meeting
“Patterns of Myofascial Abnormality Among Women with Urinary Urgency/Frequency and Pain”

1995, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases,
Interstitial Cystitis Symposium
“Until the Answer is Found: An Underutilized Treatment Option”

PUBLICATIONS:

BIOMECHANICS OF THE FEMALE PELVIC FLOOR
Elsevier, 2016
Lennox Hoyte and Margot Damaser, (eds.)
“Musculoskeletal Pelvic Anatomy”

CURRENT OBSTETRICS AND GYNECOLOGY REPORTS
Springer Science, 2014
Rhonda K. Kotarinos and Elizabeth A. Kotarinos
“The Past, Present and Future of POP and Physical Therapy” [external link](#)

ENCYCLOPEDIA OF PAIN
Springer-Verlag, Heidelberg, Germany, 2013, Second Edition
Robert F. Schmdie and William D. Willis, (eds.)
“Chronic Pelvic Pain: Physical Therapy Approaches and Myofascial Abnormalities” [external link](#)

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THE JOURNAL OF UROLOGY

June, 2012

FitzGerald MP, Payne CK, Lukacz ES, Yang CC, Peters KM, Chai TC, Nickel JC, Hanno PM, Kreder KJ, Burks DA, Mayer R, **Kotarinos R**, Fortman C, Allen TM, Fraser L, Mason-Cover M, Furey C, Odabachian L, Sanfield A, Chu J, Huestis K, Tata GE, Dugan N, Sheth H, Bewyer K, Anaeme A, Newton K, Featherstone W, Halle-Podell R, Cen L, Landis JR, Propert KJ, Foster HE Jr, Kusek JW, Nyberg LM; Interstitial Cystitis Collaborative Research Network.

“Randomized multicenter clinical trial of myofascial physical therapy in women with interstitial cystitis/painful bladder syndrome and pelvic floor tenderness” [external link](#)

CURRENT PAIN HEADACHE REPORTS

Springer Science, 2012

Rhonda Kotarinos

“Myofascial Pelvic Pain” [external link](#)

ORTHOPEDIC REHABILITATION CLINICAL ADVISOR

Elsevier, 2010

Derrick Sueki, DPT, GCPT, OCS (ed.)

Daniel J. Kirages, DPT, OCS, FAAOMPT, **Rhonda Kotarinos, PT, MS**, Stephanie Prendergast, MPT, Elizabeth Rummer, MSPT

“Pelvic Pain” [external link](#)

PRIMAL PICTURES, LTD

2009

Rhonda Kotarinos, PT, MS and Allison Ariail, PT, DPT, CLT

“Pelvic Floor Disorders” DVD-ROM [external link](#)

British Medical Association Medical Book Awards 2010, “Highly Commended”

UPTODATE

Wolters Kluwer, 2009 - Present

“Pelvic floor physical therapy for management of myofascial pelvic pain syndromes” [external link](#)

THE JOURNAL OF UROLOGY

August, 2009

FitzGerald MP, Anderson RU, Potts J, Payne CK, Peters KM, Clemens JQ, **Kotarinos R**, Fraser L, Cosby A, Fortman C, Neville C, Badillo S, Odabachian L, Sanfield A, O'Dougherty B, Halle-Podell R, Cen L, Chuai S, Landis JR, Mickelberg K, Barrell T, Kusek JW, Nyberg LM

“Randomized multicenter feasibility trial of myofascial physical therapy for the treatment of urological chronic pelvic pain syndromes” [external link](#)

GENITOURINARY PAIN AND INFLAMMATION: DIAGNOSIS AND MANAGEMENT

Humana Press, 2008

Jeannette M. Potts, MD (ed.)

“CP/CPPS Pelvic Floor Dysfunction: Evaluation and Treatment” [external link](#)

NATIONAL VULVODYNIA ASSOCIATION

Fall, 2008

Stephanie Prendergast, MPT, Elizabeth Rummer, MSPT and **Rhonda Kotarinos, PT, MS**

“Treating Vulvodynia with Manual Physical Therapy” [external link](#)

ENCYCLOPEDIA REFERENCE OF PAIN

Springer-Verlag, Heidelberg, Germany, 2006

Robert F. Schmdie and William D. Willis, (eds.)

“Chronic Pelvic Pain: Physical Therapy Approaches and Myofascial Abnormalities” [external link](#)

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INTERNATIONAL CONTINENCE SOCIETY

Annual Meeting, Abstracts, 2005

Kendra Ervan, PT, G Arcilla, PT, Carole Fortman, PT, Heather Dillavou, PT, Elizabeth Kotarinos, DPT, Mary Pat FitzGerald, MD, and **Rhonda Kotarinos, PT, MS**

“Physical Therapy Can Reduce Symptoms of Painful Bladder Syndrome” [external link](#)

CLINICAL MASTERY IN THE TREATMENT OF MYOFASCIAL PAIN AND DYSFUNCTION

Lippincott Williams & Wilkins, Baltimore, Maryland, 2005

Lucy Whyte, DC, Robert Gerwin, MD and Roberta Shapiro, DO (eds.)

“Chronic Pelvic Pain of Myofascial Origin” [external link](#)

INTERNATIONAL UROGYNECOLOGY JOURNAL

November, 2003

Mary Pat FitzGerald, MD and **Rhonda Kotarinos, PT, MS**

“Rehabilitation of the short pelvic floor. I: Background and patient evaluation” [external link](#)

“Rehabilitation of the short pelvic floor. II: Treatment of the patient with the short pelvic floor” [external link](#)

REHAB MANAGEMENT

November, 2003

“Strength in practice” [external link](#)

CURRENT WOMEN’S HEALTH REPORT

August, 2003

“Pelvic floor physical therapy in urogynecologic disorders” [external link](#)

THE GYNECOLOGICAL MANUAL

American Physical Therapy Association, Section on Women’s Health

Elaine Wilder, M.A., P.T. (ed.)

Hollis Herman, MS, PT, OCS, **Rhonda Kotarinos, PT, MS**, and Kathe Wallace, PT

“Physician and Physical Therapy Evaluation for Incontinence” [external link](#)

THE FEMALE PELVIC FLOOR: DISORDERS OF FUNCTION AND SUPPORT

F. A. Davis Company, Philadelphia, Pennsylvania 1995.

Linda T. Brubaker, MD and Theodore J. Saclarides, MD (eds.)

Linda T. Brubaker, MD and **Rhonda Kotarinos, PT, MS**

“The Role of Physical Therapy” [external link](#)

Dee E. Fenner, MD and **Rhonda Kotarinos, PT, MS**

“Physical Therapy Evaluation of the Pelvic Floor” [external link](#)

AMERICAN UROGYNECOLOGY SOCIETY QUARTERLY REPORT

April, 1993

Linda T. Brubaker, MD and **Rhonda Kotarinos, PT, MS**

“Pelvic Floor Rehabilitation, The Role of Muscle Training”

OPTIMUM, NEWSLETTER OF MEDICUS

Winter, 1993

“The Treatment of Urinary Incontinence in the Female”

JOURNAL OF REPRODUCTIVE MEDICINE

September, 1993

Linda T. Brubaker, MD and **Rhonda Kotarinos, PT, MS**

“Kegel or Cut? Variations on His Theme”

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PHYSICAL THERAPY TODAY

Reviewer, 1991

Obstetrics and Gynecology Topics

Spring, 1991

“Physical Therapy - The Next Generation”

Winter, 1989

“Expand Your Practice to the Female Market”

JOURNAL OF OBSTETRIC & GYNECOLOGIC PHYSICAL THERAPY

December, 1994

“Interstitial Cystitis”

March, 1991

“Diastasis Recti: Clinical Assessment vs. Surgical Observation”

December, 1990

“Diastasis Recti”

June, 1988

“Pelvic Articulations During Parturition Part Two: Mechanism of Labor”

March, 1988

“Pelvic Articulations During Parturition, Part One: The Obstetric Pelvis”

PHYSICAL THERAPY IN HEALTH CARE

Editorial Board, 1984 - 1989

OBSTETRIC AND GYNECOLOGIC PHYSICAL THERAPY

1988

Jill Boissonnault PT and **Rhonda Kotarinos, PT, MS**

“Special Considerations in Muscular Dysfunction - Diastasis Recti”

PHYSICAL THERAPY

Reviewer, 1984 – 1988

Obstetrics and Gynecology Topics

SPEAKING ENGAGEMENTS:

2018, American Urological Association, Annual Meeting

San Francisco, California

“Real Men Get Real Pelvic Pain: And Physical Therapy Can Help”

2017, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases

Bethesda, Maryland

Individualizing Urinary Incontinence Treatment

“What do these women have in common?: OAB and a Pelvic Floor”

2017, American Urological Association, Annual Meeting

Boston, Massachusetts

“Real Men Get Real Pelvic Pain: And Physical Therapy Can Help”

2017, Society of Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction, Winter Meeting

Scottsdale, Arizona

“Downtraining/Uptraining and Beyond”

2017, International Pelvic Pain Society and 3rd World Congress on Abdominal and Pelvic Pain, Joint Meeting

Washington, District of Columbia

“Urologic Chronic Pelvic Pain and Manual Physical Therapy”

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- 2016, American Urological Association, Annual Meeting
San Diego, California
“Real Men Get Real Pelvic Pain: And Physical Therapy Can Help”
- 2016, International Pelvic Pain Society, Annual Meeting
Chicago, Illinois
“Neuromusculoskeletal Foundations: Function and Exam”
“Physical Therapy & Physical Medicine: Treatment Approaches”
“Pelvic Floor Dysfunction in Athletes”
“Cadaver Lab: Anatomy of Female Pelvic Pain and Pelvic Floor Dysfunction: Anatomy & Functional Anatomy of the Thoraco-Abdominal-Pelvic Cavity”
“Cadaver Lab: Anatomy of Female Pelvic Pain and Pelvic Floor Dysfunction: Physical Therapy and its Anatomical Foundation
- 2016, Bon Secours Hospital, Gynecology Specialities
Galway, Ireland
“Physical Therapy for Pelvic Floor Dysfunction”
- 2016, Evanston Hospital, Obstetric and Gynecology Grand Rounds
Evanston, Illinois
“Physical Therapy for Lower Urinary Tract Symptoms”
- 2015, American Urological Association, Annual Meeting
New Orleans, Louisiana
“Real Men Get Real Pelvic Pain: And Physical Therapy Can Help”
- 2015, Society of Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction, Winter Meeting
Scottsdale, Arizona
“Controversies in Pelvic Floor Physical Therapy: Pelvic Floor Therapy in Men & Women with Urologic Chronic Pelvic Pain, Evaluation and Treatment”
- 2014, American Urogynecologic Society / International Urogynecology Society Association, Joint Annual Meetings
Washington, District of Columbia
“Integration of Physiotherapy in Uro-gynecological Clinical Setting”
- 2014, American Urological Association, Annual Meeting
Orlando, Florida
“Urologic Pelvic Pain Meets Late Night TV”
- 2014, University of South Florida Obstetric and Gynecology Grand Rounds
Tampa, Florida
“Physical Therapy Management of LUTS”
- 2013, American Urological Association, Annual Meeting
San Diego, California
“Physical Therapy in Real Life: Evaluation and Diagnostic Clues”
- 2011, Chelsea & Westminster Hospital
London, United Kingdom
“Physical Therapy Workshop for Chronic Pelvic Floor Dysfunction and Pain”
- 2010, Chelsea & Westminster Hospital
London, United Kingdom
“Physical Therapy Workshop for Chronic Pelvic Floor Dysfunction and Pain”

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- 2009, University of South Florida College of Medicine
Sarasota, Florida
“Physical Therapy Management of Female Pelvic Floor Dysfunction”
- 2008, Rambam Medical Center
Haifa, Israel
First Annual American- Israeli Conference on Advanced Treatment for Chronic Pelvic Pain and Overactive Bladder Syndromes
“Alternative Management Options for Pelvic Floor Dysfunction”
- 2006, University Hospital Health Systems, Case Western Reserve University
Cleveland, Ohio
Department of OB/GYN Grand Rounds
“Alternative Physical Therapy Management of Voiding Dysfunction”
- 2006, Kaiser Permanente, Los Angeles Medical Center
Los Angeles, California
Department of Urology Grand Rounds
“Alternative Physical Therapy Management of Voiding Dysfunction”
- 2006, Cura Physical Therapies
Edmonton, Alberta, Canada
“The Shortened Pelvic Floor: A Practical Approach for Treating Challenging Incontinence and Pelvic Conditions in Women and Men”
- 2004, International Pelvic Pain Society, Annual Meeting
Oak Brook, Illinois
Post Graduate Course
Anatomical Basis to Physical Therapy Evaluation and Treatment of Pelvic Floor Dysfunction
“Musculoskeletal Components of the Abdomen & Pelvis and their Function”
“Connective Tissue: Therapeutic Considerations in Pelvic Floor Dysfunction”
“Kegels: Over-utilized & Contraindicated”
- 2004, American Urological Association, Annual Meeting
Society of Urodynamics, Female Pelvic Medicine and Urogenital Reconstruction
San Francisco, California
“Pelvic Floor Physical Therapy and Pelvic Pain”
- 2003, American Association of Gynecologic Laparoscopist, 32nd Annual Meeting
A Multi-disciplinary Approach to the Evaluation and Treatment of Chronic Pelvic Pain
Las Vegas, Nevada
“Physical Therapy Consideration During the Gynecologic Examination”
“Physical Therapy Management of a Gynecologic Referral”
- 2003, National Institutes of Health, National Institutes of Diabetes and Digestive and Kidney Diseases
Research Insights into Interstitial Cystitis: A Basic and Clinical Science Symposium
Alexandria, Virginia
“Physical Therapy Perspectives on Pelvic Pain”
- 2002, International Pelvic Pain Society, Annual Meeting
San Diego, California
“An Evidenced Based Physical Therapy”
“Patterns of Pain”

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- 2002, National Institutes of Health, National Institute of Child Health and Human Development
Bethesda, Maryland
“Chronic Pelvic Pain: Pathogenic Mechanisms, Treatment Innovations and Research Innovations:
Musculoskeletal Disorders and Chronic Pelvic Pain”
- 2000, The Royal Society of Medicine
London, England
Endometriosis Association and International Pelvic Pain Society
“Physical Therapy for Chronic Pelvic Pain”
- 2000, American Society for Colposcopy and Cervical Pathology, Biennial Meeting
“Biofeedback and Physical Therapy for Vulvar Pain Syndromes”
- 1999, The American Urogynecologic Society, Annual Meeting
“Physical Therapy Treatment of Irritative Bladder Symptoms”
- 1998, University of Colorado School of Medicine, Department of Obstetrics and Gynecology
Denver, Colorado
“Physical Therapy Techniques in Evaluation of Pelvic Pain”
- 1997, Stanford University, Department of Urology
Stanford, California
“Physical Therapy for Pelvic Pain Syndromes”
- 1997, University of Calgary, Calgary Regional Health Authority
Calgary, Alberta, Canada
“Physical Therapy for Pelvic Pain Syndromes”
- 1997, International Pelvic Pain Society, Annual Meeting
“Physical Therapy for Pelvic Pain Syndromes”
- 1996, American Urogynecologic Society, Annual Meeting
“Clinical Management of Myofascial Trigger Points Associated with Pelvic Pain: A Tool for Precise
Internal Injections”
- 1996, American Physical Therapy Association, Combined Sections Meeting
“Pelvic Floor Rehabilitation: Electrical Stimulation as a Tool”
- 1995, National Institutes of Health, National Institutes of Diabetes and Digestive and Kidney Diseases
Scientific Workshop on Interstitial Cystitis / Interstitial Cystitis Association National Meeting
San Diego, California
“Interstitial Cystitis and Physical Therapy”
- 1995, University of Louisville, School of Medicine
Louisville, Kentucky
“Non-Surgical Alternatives to Chronic Pain” 1995, March of Dimes Birth Defects Foundation
Twentieth Annual March of Dimes Perinatal Nursing Conference
“Does Delivery Cause Incontinence?”
“Post Partum Physical Therapy for the Pelvic Floor”
- 1995, Myofascial Trigger Point Pain Institute
First International West Coast Symposium, La Jolla, California
“Pelvic Myofascial Pain in Gynecological Patients: Physical Therapy for Pelvic Pain”
“Documenting Outcome/Obtaining Reimbursement”
“Interesting Experiences Running a Myofascial Pain Practice”

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- 1995, American Physical Therapy Association, Combined Sections Meeting
“Vulvo-What?...Chronic Pelvic Pain”
“Treatment Strategies for Chronic Pelvic Pain and Vulvodynia”
- 1994, Rush-Presbyterian-St. Luke's Medical Center, Department of Obstetrics and Gynecology
Section of Urogynecology
Chicago, Illinois
“The Role of Physical Therapy in the Treatment of Pelvic Floor Disorders”
- 1994, American College of Osteopathic Obstetricians and Gynecologists
Annual Convention
“Physical Therapy for Pelvic Disorders”
- 1993, The Bertice Berry Show, the FOX Television Network
National Syndication
“Why Can't My Gynecologist Diagnose Me?”
- 1992 & 1993, Rush-Presbyterian-St. Luke's Medical Center, Department of Obstetrics and Gynecology
Section of Urogynecology
Chicago, Illinois
“Urinary Incontinence: Traditional Evaluation and Treatment”
“Urinary Incontinence: Prevention and Early Identification”
“Electrical Stimulation/Biofeedback”
- 1993, Section on Obstetrics and Gynecology of the American Physical Therapy Association
Ithica College School of Physical Therapy
Rochester, New York
“Introduction to Obstetric and Gynecologic Physical Therapy”
- 1992, Illinois Physical Therapy Association, Eastern District
“The Role of Physical Therapy in Obstetrics and Gynecology”
- 1992, Lutheran General Hospital
Park Ridge, Illinois
“Physical Therapy in Obstetrics and Gynecology”
- 1992, American Physical Therapy Association, Combined Sections Meeting
“Marketing Obstetric & Gynecologic Physical Therapy”
- 1992, Empi, Inc., Annual Meeting
“Urinary Incontinence Treatments: Behavioral, Drugs and Surgery” and
“The Role of Physical Therapy in Treating and Managing Urinary Incontinence”
- 1991, New Hampshire Physical Therapy Association, Annual Meeting
“Physical Therapy in OB/GYN”
- 1991, Chicagoland Orthopedic Study Group
“Physical Therapy in Obstetrics”
- 1991, Sinai Hospital
Detroit, Michigan
“Physical Therapy Intervention of the Obstetric & Gynecologic Patient”
- 1990, Washington State Physical Therapy Association

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“Obstetrics and Gynecology: Physical Therapy Evaluation and Treatment”

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- 1990, Women's Therapeutic Services, Ltd., Regional Seminars
St. Louis, San Francisco, Boston, Dallas, Orlando, Los Angeles, Minneapolis, Raleigh, Baltimore, and
Columbus
“Physical Therapy for Women: Gynecology”
- 1990, Women's Therapeutic Services, Ltd., Regional Seminars
Chicago, New York, Philadelphia, Miami, San Diego, Memphis, Houston, and Atlanta
“Physical Therapy for Women: Obstetrics”
- 1990, American Physical Therapy Association, Combined Sections Meeting
“Developing and Marketing Perinatal Services”
- 1989, Washington State Physical Therapy Association, Annual Meeting
“Obstetrics and Gynecology: Physical Therapy Evaluation and Treatment”
- 1989, American Physical Therapy Association, Combined Sections Meeting
“Developing and Marketing Perinatal Services”
- 1988, Ohio Physical Therapy Association, Annual Meeting
“OB/GYN in General Practice”
- 1988, Michael Reese Hospital & Medical Center
Chicago, Illinois
Holistic Childbirth Education Program
“Dimensions in Perinatal Patient Education, Teaching Relaxation in Group Settings”
- 1987, Section on Obstetrics and Gynecology of the American Physical Therapy Association
“Physical Therapy Assessment and Treatment of the Female: Obstetrical and Gynecological Implications”
- 1987, Annual ASPO/LAMAZE Conference
“Establishing Perinatal Exercise Programs: Parameters and Content”
- 1987, Parent & Childbirth Education Society
Childbirth Educator Development Program Workshop
“Pain Perception”
- 1987, American Physical Therapy Association, Combined Sections Meeting
“Diastasis Recti Research Update”
- 1986, Section on Obstetrics and Gynecology of the American Physical Therapy Association
“Physical Therapy Assessment and Treatment of the Female: Obstetrical and Gynecological Implications”
- 1986, Illinois Physical Therapy Association, Annual Meeting
“The Role of Physical Therapy in Obstetrics and Gynecology”
- 1985, American Physical Therapy Association, Combined Sections Meeting
“Legal and Ethical Implications of the Physical Therapist as a Childbirth Educator”
- 1983 - 1984, Illinois Physical Therapy Association, Eastern District, Annual Student Conference
“Physical Therapy During the Childbearing Years”

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ACADEMIC FUNCTIONS:

- 2014 – Present, University of South Florida, Tampa, Florida
Morsani College of Medicine
Department of Obstetrics and Gynecology
Division of Urogynecology
Clinical Assistant Professor
- 2010 – Present, University of Southern California, Los Angeles, California
Division of Biokinesiology and Physical Therapy
Clinical Instructor
- 2006, Northwestern University, Chicago, Illinois
Feinberg School of Medicine
“The Nature of Physical Healing”
Patient, Physician and Society Seminar in the Medical Humanities (M2)
Invited Instructor
- 2004 - Present, University of Illinois, Chicago, Illinois
College of Applied Health Sciences: Physical Therapy
Clinical Instructor
- 2004 - 2011, University of Illinois, Chicago, Illinois
College of Applied Health Sciences: Physical Therapy
“Chronic Pelvic Pain & Physical Therapy”
- 1997 - 1998, Midwest University, Downers Grove, Illinois
College of Allied Health Professionals, Physical Therapy Program
Senior Clinical Medicine Course, “Obstetrics & Gynecology”
- 1996, Washington University, St. Louis, Missouri
Barnes Jewish Christian Medical Center
“Physical Therapy for Dysfunction of the Female Pelvic Floor”
- 1993 - 2002, Finch University of Health Sciences / The Chicago Medical School, North Chicago, Illinois
School of Related Health Sciences, Department of Physical Therapy
Doctor of Physical Therapy Program
“Obstetrics & Gynecology”
- 1992 - Present, University of Miami, Coral Gables, Florida
School of Physical Therapy
Clinical Instructor
- 1992, Andrews University, Berrien Springs, Michigan
Invited Speaker
“Physical Therapy in Obstetrics & Gynecology”
- 1991, Northwestern University, Chicago, Illinois
Graduate Program, Invited Speaker
Physiology II, “Endocrinology: Obstetrics & Gynecology”
- 1987 - 1991, Northwestern University, Chicago, Illinois
Undergraduate Program, Invited Speaker
“Role of Physical Therapy in Obstetrics”

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1986, Northwestern University, Chicago, Illinois
Undergraduate Program, Invited Speaker
“Legal and Ethical Implications of the Physical Therapist in Obstetrics and Gynecology”

1979, Triton College, River Grove, Illinois
Nursing Program, Adjunct Faculty

PROFESSIONAL POSITIONS:

Kotarinos Physical Therapy, Ltd.
Physical Therapist

Oakbrook Terrace, Vernon Hills & Chicago, Illinois
1984 – Present

Rush Medical Center, Chicago, Illinois
1991 - 2000

Westlake Community Hospital, Melrose Park, Illinois
1986 – 1991

Loyola University Health Service, Maywood, Illinois
Research Physical Therapist
2005 - 2013

Westlake Community Hospital, Melrose Park, Illinois
Physical Therapy Consultant
1980 - 1986

Westlake Community Hospital, Melrose Park, Illinois
Director of Rehabilitation Services
1978 – 1980

Alexian Brothers Medical Center, Elk Grove Village, Illinois
Senior Staff Physical Therapist, Clinical Student Supervisor
1976 - 1978

Physical Therapy Consultant
Champaign Convalescent Center, Savoy, Illinois
1975 - 1976

Acting Chief Physical Therapist
Mercy Hospital, Urbana, Illinois
1974 - 1976

Carle Foundation Hospital, Urbana, Illinois
Senior Staff Physical Therapist
1974

SCHOLASTIC DATA:

Doctor of Physical Therapy, 2011
Rosalind Franklin University of Medicine and Science
College of Health Professions

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North Chicago, Illinois

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Intramuscular Manual Therapy for the Management of the Neuromuscular System: Level I & II, 2011
Andrews University
School of Graduate Studies
Berrien Springs, Michigan

Master of Science of Physical Therapy, 1989
Northwestern University
Graduate School of Physical Therapy
Clinical Specialty in Obstetrics, Gynecology & Orthopedics
Chicago, Illinois

Bachelor of Science of Physical Therapy, 1974
University of Illinois, Medical Center
Chicago, Illinois

STATE LICENSES:

State of Illinois	Certificate Number	70 - 1883
State of Florida	Certificate Number	PT 0006646